



'Yoga for Humanity' – International Yoga Day Celebrated with Great Fervour across the Country MGNCRE's Call - HEIs across the Country conduct Yoga Sessions

Leading from the Front

Prime Minister Shri Narendra Modi led the country in celebrating International Yoga Day.

"When there are threats to humanity, yoga offers a holistic way of life and takes us from stress to strength and from negativity to creativity", he said during his address on the occasion of International Yoga Day (IDY), 21st June. Around 25 crore people across the world took part in various events, doing yoga in unison towards better health and wellness for all. Celebrations were held across the world in a grand manner completely embedding it with the ongoing Azadi Ka Amrit Mahotsav (AKAM) celebrations. The core purpose of IDY was to create mass awareness regarding the Health Benefits of Yoga for the people. Over the years, IDY has become a mass movement for health.



"Yoga is the subtle science of harmonizing the body, mind and soul. Yoga is key to good health and wellness" said **Shri Dharmendra Pradhan**, Union Minister for Education and Skill Development, at the International Yoga Day program at Kangra Fort in Himachal Pradesh. He highlighted that National Education Policy 2020 has given importance to Yoga and it is being made a part of curriculum from Balvatika to Class 12th. Union Minister called for research and discussions on Yoga by educational institutions.



MGNCRE Awarded District Green Champion Institute For Education, Seraikella. Jharkhand, performing Yoga activities

Implementing Swachhta and Sustainable practices among Higher Educational Institutions



Shri Minga Sherpa IAS, Additional Deputy Commissioner of Jammu, appreciated the initiatives of MGNCRE and assured his support in implementing Swachhta and Sustainable practices among the Higher Educational Institutions in Jammu District.

Shri Dharmendra Pradhan called for integrating skill education into school and higher education to boost employability. He urged students to be future entrepreneurs. Union Minister of Education and Skill Development Shri Dharmendra Pradhan launched a Digital Skilling program in emerging and future technologies, in the presence of Minister of State for Skill Development and Information, Shri Rajeev Chandrasekhar. The digital skilling initiative will focus on skilling, reskilling and upskilling students via internships, apprenticeships, and employment to 1 crore students in the Emerging Technologies. This is the first-ever collaboration on a national scale between Ministry of Education, the Ministry of Skill and affiliated NSDCs, Skill India programs (National Educational Alliance for Technology) and AICTE. Over 100+ technology corporate/manufacturing firms have already come on board on this platform to provide free-of-cost emerging technology certifications. (source: pib.gov.in)

Upcoming! 2-Day National Workshop on Rural Management and Rural Engagement - 14th & 15th July 2022

Featuring *Faculty Development in Rural Management and Rural Engagement: Strategy and Presentations; and Research Management in Rural Management and Rural Engagement: Strategy and Presentations*

Registration:
<https://forms.gle/qS58c8X3bsyDmSsE6>

Editor's Note

Yogah Karmasu Kausalam - Yoga is excellence in action. The theme of this International Yoga Day, celebrated on 21st June 2022 was 'Yoga For Humanity'. The fact that United Nations Secretary-General Antonio Guterre in his Yoga message for this year's International Yoga Day reiterated that "yoga is truly universal" speaks of the huge significance of Yoga, especially in these times of stress and health scares. Yoga is India's gift to humanity and is a holistic approach to health and well-being. MGNCRE engaged its associated Higher Education Institutions in celebrating International Yoga Day. Responding to the call, HEIs across the country conducted Yoga activities.

Swachhta and Environment Conservation practices have been on prime agenda and on the occasion of World Environment Day, HEIs across the country celebrated World Environment Day responding to MGNCRE's call. Survey of college campus and greenery, marking areas under green cover, reinforcing college greenery, plant protection management, making seed banks, forming Swachh Teams, observing Zero Waste Week and appreciating and awarding best performing team with Zero Waste Champion Certificates were some of the activities carried out.

MGNCRE team's field interactions across states in Higher Education Institutions across the country are for promoting Swachhta, Sustainability, Institutional Social Responsibility and Rural Entrepreneurship. It is heartening to note that District Collectors/District Magistrates/Deputy Commissioners have extended their support and guidance in promoting these initiatives in their respective districts.

As part of its collaborative groundwork with various Universities-Human Resource Development Centres (HRDCs)/Faculty Development Centre (FDCs)/ Teaching Learning Centre (TLCs) to conduct 6-day Faculty Development Program with one day field engagement on Mentoring Skills and Facilitation Skills for Rural Higher Education Institutions, MGNCRE conducted Faculty Development Program at Bharathidasan University. Faculty enthusiastically participated in the FDP about Academic Leadership and the importance of leadership in career and education.

Dr. W G Prasanna Kumar
Chairman MGNCRE

This year the theme of International Yoga Day – Yoga for Humanity - has been decided to keep in mind the important role that yoga has been playing in dealing with COVID-19. **Manah Prasamanopāyo Yoga Ityabhidhiyate** - The recourse to pacify the mind is called yoga. Yoga emphasizes on breathing practices and meditation—both of which help calm and center the mind. Yoga brings mental benefits, such as reduced anxiety and depression and makes the brain work better. I am delighted that HEIs across the country have responded to MGNCRE's call for conducting Yoga and have also sent in their reports.

World Environment Day was celebrated by associated HEIs of MGNCRE. 'Only One Earth', the theme, draws our attention towards playing our role effectively while living in perfect harmony with nature.

Dr. Bharat Pathak
Vice Chairman MGNCRE

"One of the first conditions of happiness is that the link between man and nature shall not be broken"
- Leo Tolstoy.



Certificate of Appreciation given by MGNCRE to HEIs for actively conducting Environmental Activities on World Environment Day

Glimpses of World Environment Day Celebrations by HEIs

जानकारा ट्रस्ट क सदस्य साचव न खान आभयता चदन कुमार न दा ।
एक धरती, जीरो वेस्ट चैपियनशिप कार्यशाला



उदयपुर (वि.)। महात्मा गांधी राष्ट्रीय ग्रामीण शिक्षा परिषद, उच्च शिक्षा विभाग, शिक्षा मंत्रालय, भारत सरकार एवं शिक्षा संकाय मोहनलाल सुखाड़िया विश्वविद्यालय उदयपुर, राजस्थान के संयुक्त तत्वाधान में जीरो वेस्ट चैपियनशिप कार्यशाला का आयोजन शिक्षा संकाय में किया गया । संकाय प्रमुख डॉ अल्पना सिंह कार्यक्रम समन्वयक के दिशा निर्देशन में इस कार्यशाला का आयोजन हुआ जिसके अंतर्गत डॉ निशा शर्मा एवं डॉ मोनिका के नेतृत्व में पुनः चक्रित सामग्री का निर्माण कार्य करवाया अनुपयोगी सामग्री से उपयोगी वस्तुओं एवं पेपर बैग निर्माण के माध्यम से वातावरण को प्लास्टिक मुक्त कराने का संकल्प लिया गया ।

World Environment Day Celebrated by Mahanlal Sukhadia University Udaipur Rajasthan – Media Report - Recycling Paper Bag Workshop (One Earth Zero Championship) - The interns learnt the art of creating a paper bag and also learned the importance of recycling and how it can benefit everyone. The aim of the project was to help the people see the importance of recycling and to help them create a livelihood out of it.

Save Soil Campaign by Saraswathi Narayanan College Madurai



Govt. College Pansemal, Barwani, Madhya Pradesh

Sanatan Dharma College, Ambala Cantt., Haryana - To promote Greenery the following initiatives were taken: Workshop on Microgreens; Container Gardening; Plant Pot Party; Workshop on "Honey Bee in Ecological Balance". Students made Planters and Bird Feeders From the waste Plastic Bottles. Cleanliness drive was carried in campus and outside the campus in the adopted village (Kardhan, khojipur, Naggal, Munrehri, Rollon.) by college students and staff in collaboration with Municipal Council. A workshop on Zero Waste Campus Was conducted under the aegis of Green earth NGO. • A workshop on waste management was organized for Non- Teaching Faculty including Library staff, Lab Assistants, Sanitation Workers, Canteen Staff and Gardeners. Bird Feeders were installed at twenty Different Locations in the Campus. Environmental Ambassador Championship was organized and the winning students were awarded with Environmental Ambassador Award and Cash prize.

E-waste Collection Drive was Carried out in which the Black color bins were placed at four locations in the campus. At the end of the week 19.7kg of E-waste was collected and handed over to Dismantling Firm, to prevent the waste from going into landfill. Drinking Water Audit was done by the students and staff members. Toilet Audit was done by Sanitation SAP committee.



पड़ाने। साथ ही पर्यटन आगमन में वृद्धि। विभिन्न प्रकार के जल सार के जल सार के फलित का कुकर्म में महत्त्वपूर्ण है।

एसडी कॉलेज में एक दिवसीय कार्यशाला आयोजित

अंबाला, हरियाणा में आयोजित एक दिवसीय कार्यशाला में विभिन्न विभागों के सदस्यों ने भाग लिया। कार्यक्रम का उद्देश्य छात्रों को पर्यावरण के प्रति जागरूक बनाना और उनके बीच पर्यावरण संरक्षण के प्रति जागरूकता फैलाना था।

कार्यशाला में कुल 40 से अधिक छात्रों ने भाग लिया। कार्यक्रम में अलग-अलग विभागों के सदस्यों ने अपने-अपने क्षेत्रों में पर्यावरण संरक्षण के प्रति जागरूकता फैलाने के लिए विभिन्न विभागों के सदस्यों को प्रोत्साहित किया।

कार्यशाला के अंत में छात्रों को पर्यावरण संरक्षण के प्रति जागरूक बनाने के लिए विभिन्न विभागों के सदस्यों को प्रोत्साहित किया।

व्याज डायरी

वीन अर्थ के सहयोग से समाजत धर्म कॉलेज कैट बनने का हवा मरा एवं जीटी वेस्ट परिसर

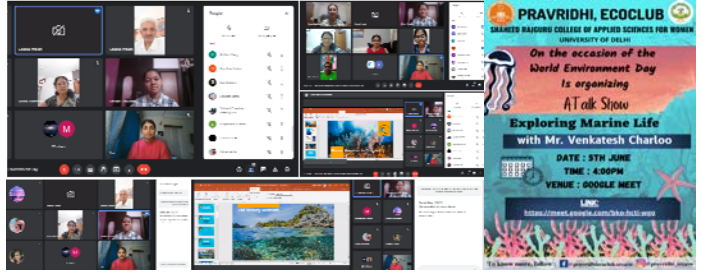
आजकल (आजकल) में हीन अर्थ सहयोग की टीम ने कॉलेज में एक पूरा परिसर बनाया है। वीन अर्थ सहयोग की टीम ने कॉलेज में एक पूरा परिसर बनाया है। वीन अर्थ सहयोग की टीम ने कॉलेज में एक पूरा परिसर बनाया है।

- Activity 1 Outdoor class room: Tree shades were utilized for teaching
- Activity 2 Prepared campus map using google map and calculated the area of greenery
- About 60 % of total area under green cover
- Activity 3 College has a project named "Shanthisthal" in which a protected area is maintained to conserve the natural ecosystem.
- Activity 4 Awareness class and debate on Single use of plastics and environment
- Activity 5 Planting rare endangered and threatened plants
- Activity 6 Vegetable farming
- Activity 7 Distribution of tree saplings among students
- Activity 8 Beach cleaning



We would like to express our acknowledgement and gratitude for receiving the Certificate from the Mahatma Gandhi National Council of Rural Education for recognizing and congratulating our Institution **Vinayaka Mlssions Kirupananda Variyar Engineering College**, Salem for participation and adding impetus to the activities conducted by our Faculty Coordinator and Students. Your appreciation of our Green Team has been invaluable to us. We will consider it a great honor to serve and conserve the environment via Education. Nevertheless, we are immensely interested in the progress and would appreciate you sending us for each goal you undertake. May your endeavors be successful. Our Institution stands to benefit a great deal as you accomplish each objective. Principal VMKVEC

Shaheed Rajguru College of Applied Sciences for Women, University of Delhi - An awareness drive was conducted by the eco-club members on not using plastics and replacing them with other environmentally friendly and sustainable items. The outcome of the drive was reflected in the replacement of the canteen's cutlery with the steel utensils or glassware, a complete ban on the use of plastic bags on the campus, the use of cloth-made or reusable bags, teaching and non-teaching staff bringing their lunch boxes, cutlery, flasks and mugs. An inter-college debate competition was organized on the topic 'Plastics have become an integral part of our lifestyles.' 25 teams from different colleges and institutes participated in the event. The winners were selected for round 2 of the competition.



Jain (Deemed to be University)



IIM Kashipur - Plantation initiative by Alumni Relations Committee - the "Tree of Prosperity"



Let Us Do Our Small Bit to Make the World a Cleaner and Healthier Place

Glimpses of International Yoga Day Celebrations by HEIs

St. Xavier's College Simdega Jharkhand



Government Autonomous Post Graduate College, Chhindwara (M.P.)



Marudhar Kesari Jain College For Women, Vaniyambadi, Thirupattur, Tamilnadu



AIMAN College of Arts and Science for Women Tiruchirappalli, Tamilnadu



School of Allied Health Sciences, VIMS Hospital Campus, Vinayaka Mission's Research Foundation (Deemed to be University), Salem, Tamil Nadu



Dr B R Ambedkar National Institute of Technology, Jalandhar, Punjab



Dr BR Ambedkar, NIT
The 8th International Day of Yoga was celebrated by the Yoga & Meditation Club at Dr. B.R. Ambedkar National Institute of Technology (NIT) by organising the yoga, pranayama and meditation session with a view to educate faculty, staff and students. Raman Wadhwa, Faculty Sri Sri Yoga Kapurthala, and Archana Sukhija, Faculty Art of Living, have been invited for conducting the common yoga protocol during the celebration. They briefed the fundamental definition of yoga and its importance to health and wellness to professionals. The importance of deep breathing for maintaining good health was also emphasised.

JIS School of Polytechnic, Nadia, West Bengal



Swami Vivekanand Subharti University, Meerut

मानसिक व शारीरिक स्वास्थ्य की कुंजी है योग: कुलपति डा. जी.के. थपलियाल



National Institute of Technology Sikkim

NIT Sikkim faculty, students participate in Yoga Day event

SE Report
GANGTOK, June 21: The International Day of Yoga was celebrated with full spirit and vigour at National Institute of Technology Sikkim, at Rabongla today. The event also marked the closure of the 14-day workshop on yoga organised in the campus from June 7 to June 20 under the guidance of Patanjali Yog Committee Gangtok, Sikkim. The workshop was held to inculcate the habit of daily yoga exercises in the day to day life of the participants, informs a press release. The Yoga Day event saw the attendance of faculty, staff and students of NIT Sikkim. The event started with the live telecast of the address of Prime Minister Narendra Modi. NIT Sikkim director Prof. Mahesh Chandra Gawai, in his address, stressed on the necessity of both mental and physical exercise, especially in the present times of stress and competition. He reminded the students that the practise of yoga not only strengthens the physical body but also purifies the mind and enhances concentration with the removal of negativity and redundancy. He also informed that the practise of yoga is older than history. In fact, Lord Shiva is literally meaning the first yogi who then passed on the teachings of yoga to the Saptarishis, the great seven sages. Hence, yoga has been part of the Indian civilisation from time immemorial and the treasure of yoga is now shared around the world in the form of a gift by our great country, he said. The event witnessed performance of various yoga exercises and postures which was demonstrated by the director and performed with full enthusiasm by the participants. The director advised the participants to make yoga a practise in every household and encourage the young and old alike to adopt the singing of National Anthem.



Govt. Degree College Kupwara Jammu & Kashmir



Field Interactions/Institutional Visits

"It is essential to focus on alternative sources of energy, water conservation practices and maintaining sustainable practices in every institution for making it a Swachh Campus" Round Table Meeting Conducted by MGNCRE at T J S Engineering College in Tiruvallur District of Tamil Nadu.



Field interactions with college staff on promoting sustainable practices at E.S. College of Arts and Science and Government Law College in Villupuram District of Tamilnadu



Project Associate of MGNCRE observing the chemistry lab where Rain water is recycled into distilled water for lab usage and greenery in Arignar Anna Government Arts College, Villupuram District of Tamilnadu

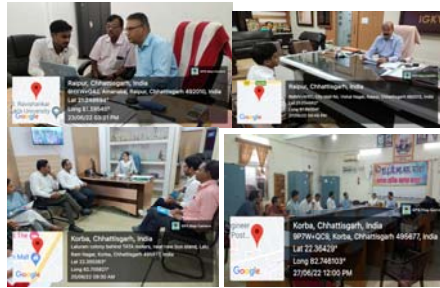


A biogas unit, vermi-compost and greenery practices were observed by project associate of MGNCRE during field visit to the Government College for Women, Parade Ground Campus in Jammu District



Interaction of Project Associates , MGNCRE with Higher Education Institution Officials in Sheikpura district, Bihar.

Chattisgarh



Interaction of Project Associates, MGNCRE, with Higher Educational Institution officials from state of Chattisgarh and Facilitated Institutions in quantitative measuring of the Sustainability Parameters .

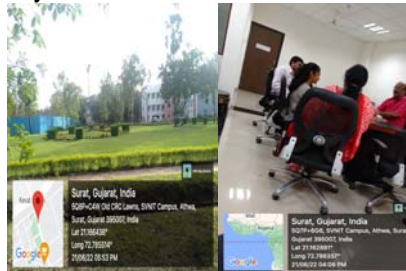
Delhi



Interaction of Project Associate with District Collector on promotion of Sustainable parameters in Higher Educational Institutions.



Gujarat



Prof. Ravipudi Venkata Rao, Director In-Charge , SVNIT Surat during Field Interaction on Sustainability Parameters in Higher Educational Institutions



Project Associate , MGNCRE with Dr. Kishorsinh N. Chavda, Hon'ble Vice Chancellor , Veer Narmad South Gujarat University during Field Interaction on Sustainability index of Higher Educational Institutions

Jharkhand



Project Associate , MGNCRE with Institution officials during Field visit on Promotion of Sustainability Parameters in Khunti district of Jharkhand state

Maharashtra



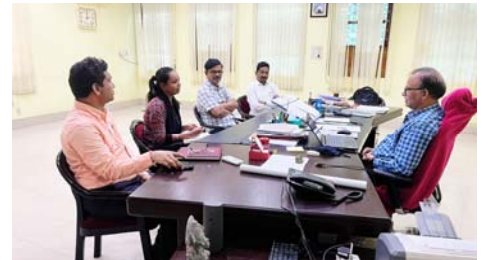
Project Associate MGNCRE with Principal Dr. M. Subhas during Field interaction in Maharashtra state



Meghalaya



Odisha



Project Associate MGNCRE with Vice Chancellor Dr. Banshidhar Majhi, Registrar Prof. Upama Kalo and other officials of Veer Surendra Sai University of Technology, Sambalpur, Odisha



Project Associate, MGNCRE with Prof. Sanjiv Mittal, Hon'ble Vice Chancellor, Sambalpur University





Project Associate, MGNCRE during the Field Interaction with Higher Educational Institutions in different districts of Odisha state

Rajasthan



Project Associate MGNCRE with Prof. Anil Shukla, Vice Chancellor, Maharshi Dayanand Saraswati University, Ajmer during Field interaction on Sustainability aspects implementation in Higher Educational Institutions.



Interaction with Higher Educational Institution Officials during Sustainability practices promotion in HEIs



Tamil Nadu



Uttar Pradesh



Project Associate MGNCRE in interaction with Different Higher Educational Institution Officials, Faculty Member Teams and Student during Institutional Field Visits in Uttar Pradesh

West Bengal



Project Associate MGNCRE in interaction with Different Higher Educational Institution Officials, Faculty Member Teams and Student during Institutional Field Visits in West Bengal.



MGNCRE Consultant Participated in the Environment Audit of Hindustan Institute of Technology and Science, Chennai and discussed on the implementation of best practices under the aspects of Water conservation, Energy Conservation and Waste Management techniques in the Campus

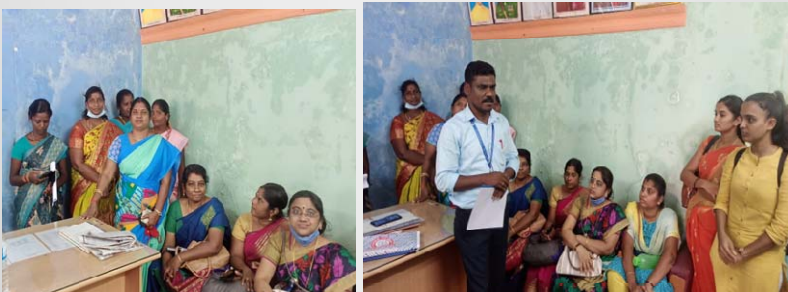
Faculty Development Programme on Mentoring Skills and Facilitation Skills for Rural Higher Education Institutions 20 - 25 June Bharathidasan University Tiruchirappalli, Tamilnadu

MGNCRE has made the collaborative groundwork with various Universities–Human Resource Development Centres (HRDCs)/Faculty Development Centre (FDCs)/ Teaching Learning Centre (TLCs) to conduct 6-day Offline Faculty Development Program with one day field engagement on Mentoring Skills and Facilitation Skills for Rural Higher Education Institutions. This Faculty Development Program aims to groom faculty to make innovative strides and reforms in teaching-learning environments.

Glimpses of the Field Visit coordinated by MGNCRE Resource Person



A Field Visit was conducted to Olaiyur village, Manikandam Panchayat. PRA was done along with Focus Group Discussion with the women of the village.



The participants learnt –

- the importance of problem needs.
- finding out the new ideas involved in the field study.
- How to dispose of e-waste
- the importance of solid waste management
- how to exterminate liquid waste

District Collectors Extend Support for Implementing Sustainable Parameters in Higher Education Institutions

MGNCRE as RCI UBA worked in the districts -
1. Adilabad 2. Nirmal 3. Mancherial
4. Jagtial 5. Peddapalli 6. Nizamabad
7. Rajanna Sircilla 8. Karimnagar
9. Medchal- Malkajgiri 10. Rangareddy
11. Nalgonda

MGNCRE Resource Person met the District Collectors seeking support for implementing sustainable parameters - Water Conservation, Energy Conservation, Waste Management and Greenery and Plantation in all Higher Educational Institutions of the districts.



Smt. Sikta Patnaik, IAS, District Collector, Adilabad



Smt. Bharati Hollikeri, IAS, District Collector & Magistrate, Mancherial



Sri C Narayana Reddy, IAS, District Collector, Nizamabad



Sri Musharraf Faruqui, IAS, District Collector & Magistrate, Nirmal District.



Interaction with Prof. K. Shiva Shankar, Registrar Telangana University and Dr.Chandra Sekhar, UBA Coordinator, T.U, Nizamabad



Dr.Ramohan Reddy, Principal, Giriraj Government Degree College, Nizamabad



An interactive meeting was held with Private College Association and Management SSR Degree College, Nizamabad Chairman Sri Maraiiah Goud; Vagdevi Degree College, Nizamabad Sri Srujan; Sandeepani Degree College, Kamareddy; Sri Hariswaran Reddy; Nishitha Degree College, Nizamabad, Sri Raju; Ushodya Degree College, Bodhan, Sri Surya Prakash



Interaction with Govt. Degree College, Mancherial

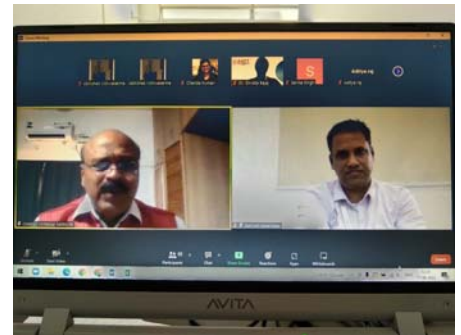
UBA Participating Institute, Geethanjali College of Engineering and Technology in collaboration with Cartula Health Pvt Ltd facilitated by RCI,MGNCRE Inaugurated Rural Health Test Center in adopted Villages, Thimmaipally and Godhumakunta, Medchal Malkajiri district under Unnat Bharat Abhiyan.



Institutional Visit and Workshop with faculty and students of Sriram Institute of Engineering, Chennai, on Entrepreneurship, Pursuing Swachhta Action Plan and Sustainability Aspects as part of life.



Online workshop on Entrepreneurship for the students and faculty of ITM University



“Sustainable development means to fulfil the present needs without compromising the needs of future generation”
Mahatma Gandhi

महात्मा गाँधी राष्ट्रीय ग्रामीण शिक्षा परिषद्

Mahatma Gandhi National Council of Rural Education

Department of Higher Education, Ministry of Education, Government of India

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