



महात्मा गाँधी राष्ट्रीय ग्रामीण शिक्षा परिषद
Mahatma Gandhi National Council of Rural Education
 Department of Higher Education, Ministry of Education, Government of India



**Current situation of COVID-19 is unfortunate, but Government is committed to turn the situation into opportunity by doing new experiments to ensure safety and academic welfare of students...
 ...said Union Education Minister Shri Ramesh Pokhriyal 'Nishank'**

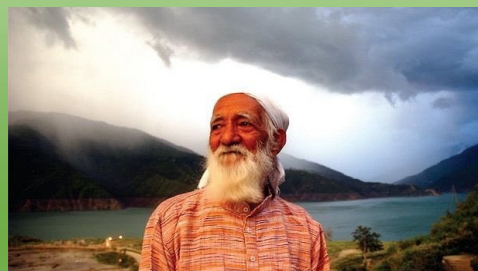


as he chaired meeting with School Education Secretaries of all States & UTs. The Minister emphasized the need to continue the coherent efforts made by the states and UTs in previous year and underscored the importance of reaching out to most vulnerable and marginalized children in this pandemic period. He further stated that the Department has taken up several Initiatives in 2020-21 for facilitating continuing learning during the pandemic. These include: expansion of DIKSHA under PM eVIDYA; DTH TV channels under the bouquet of SWAYAM PRABHA TV channels; launch of online NISHTHA training for teachers at DIKSHA; Launch of Manodarpan to cater to the socio-emotional and psychological needs of the students, etc. Also, several initiatives have been taken to reach out to children without access to digital education. He also underlined the importance of involving various stakeholders for effective implementation of the **National Education Policy 2020**. At an online

meeting with meeting with Directors of IISc/IITs/IIITs/IISERS and NITs, Union Minister exhorted that there is a need to maintain the quality education in these Institutes of National Importance besides taking adequate safety measures for managing COVID-19 situation. He appreciated the several technological interventions being done by students of these Institutions –

- To combat the dearth of oxygen resources in the country, Startup Incubation and Innovation Centre at IIT Kanpur aims to manufacture high-quality indigenous, rapidly scalable oxygen generator units.
- IIT-Hyderabad developed an Ultra Violet disinfection tube which when placed at the main entrance gate sterilizes things and restricts the possibility of carrying the virus into the institute.
- The Departments of Biological Sciences and

MGNCRE Pays Tribute to Shri Sunderlal Bahuguna the Relentless Environment Crusader



India lost one of its best known environmental activists, Shri Sunderlal Bahuguna, to Covid-19. He pioneered the Chipko movement, a non-violent agitation aimed at protecting trees, which sparked the collective mobilisation of women to preserve forests. He led a march across the Himalayas leading to legislation to protect some areas of the Himalayan forests from tree-felling.
 MGNCRE salutes the great soul!

Activities Review - May 2021

- 5 MoUs Signed - BBA Rural Management
- 7 Faculty Development Programmes
- 482 Institutional Workshops on Guidance for Psychosocial Counselling and COVID 19 Volunteer Skills / 22102 Participants – 16 States / 482 COVID Volunteer Teams formed
- 27 Cluster Workshops on Guidance for Psychosocial Counselling and COVID 19 Volunteer Skills / 3802 Participants / > 35 COVID Volunteer Teams formed
- Impact - Psychosocial Support Cells being formed in Institutions
- 138 Institutional Workshops on Swachhta Action Plan (for Vocational Education-Nai Talim-Experiential Learning (VENTEL) Teams of District Institute for Education and Training (DIETs)- 7638 Participants (Principals, Faculty Members and Students)

Bioengineering at IIT Kanpur are working on developing replication-competent vaccines against the SARS-CoV-2 coronavirus.

- A team of professors at the Indian Institute of Management, Lucknow is currently working on the procedure to be adopted for oxygen audit under which they will track and monitor usage of oxygen in hospitals to ensure optimal utilization.
- IIT Bombay has collaborated with TCE Connect and Spantech Engineers to combat the current oxygen crisis in the nation. The researchers have found an innovative way to convert Nitrogen plant into Oxygen generator.
- IIT Bombay has designed a surface on which the COVID virus carrying residual droplets will evaporate faster than on glass or plastic.
- IIIT Hyderabad has developed a Mortality Prediction Model for COVID patients using ML. This model will help in prioritising healthcare based on the health and mortality predictions in the COVID patients.

Editor's Note

I congratulate Union Education Minister Shri Ramesh Pokhriyalji for being conferred the international award - The "International Invincible Gold Medal" of this year for his extraordinary commitment and outstanding service to humanity through his writings, social and illustrious public life. Shri Ramesh Pokhriyalji has been lauded for his continuous support and commitment to the world peace program and propagating ancient Vedic values, wisdom and traditional knowledge in the most scientific manner.

I pay deep homage to Shri Sunderlal Bahuguna who was the Gandhian pioneer of Indian environmentalism. He was the driving force behind the legendary Chipko movement against deforestation that marked a key milestone in Indian environmentalism. Sadly, he succumbed to COVID – another great personality lost to the deadly Corona Virus.

Continuing our agenda, we have signed 5 MoUs with institutions for sharing expertise in BBA Rural Management course. We have conducted institutional and cluster workshops and the outcome is the formation of COVID Volunteer Teams in more than 500 institutions.

The COVID-19 pandemic has affected each of us in different ways. While some are recovering from personal and professional losses, some are dealing with the huge challenges posed as an aftermath of the virus effect. Some have lost their near and dear ones, some have become physically weak, some have incurred huge financial losses, some have become anti-social bowing to the demands of survival, some have become

MGNCRE as part of its responsibility of Disaster Management of COVID 19 has given out few guidelines and approach strategies for effective outcomes while lauding the States of India in their efficient handling of the pandemic.

There is a need to increase the confidence and ownership of citizens and communities to handle the situation arising out of this second wave which caught us unawares. The following strategy is shared as it could strengthen this process.

mentally ill, while some have grieved away to death. We are living in unprecedented times. We are all dealing with intense emotions and huge levels of anxiety during these COVID-19 times. These emotions can actually help us if we know how to handle them.

In keeping with MGNCRE's mandate of engaging with Higher Educational Institutions through **Community Engagement**, the Council has embarked upon conducting Workshops and Faculty Development Programmes with aspects of Psychosocial Counselling along with Swachhta aspects. The endeavour is to bring about a Resilience in Emotional Health of the country. We have touched the lives of more than 5 crore students and faculty in imparting Experiential Learning and Social and Community Engagement. Now we hope to *build Emotional Resilience of our Country and put our nation back on the tracks of health and happiness. We are conducting Faculty Development Programmes and Workshops on Building Emotional Intelligence and Resilience (Case Method of Experiential Teaching and Learning) and Guidance for Psychosocial Counselling and COVID Volunteer Skills with NSS Officers and faculty. When an individual is sick the entire family goes through stress and strain. Crisis becomes a hazardous event, which poses some threat to the family. The family members experience a roller-coaster pattern of personal shock, disorganization, recovery, and readjustment. The family has to cope up with the stress and try out different ways of handling the crisis.*

"The measure of success is how many people and how much each of them is

----- **State Government Level**

Management Information System: Sharing your authenticated effective MIS on disease, drugs, hospitals, availability of facilities and medical infrastructure for handling the virus as well as vaccination at different levels basically focusing on behaviour change in observing COVID protocols. An assurance on everyone will get treatment and vaccine. This should cover production, requirement, stocks, allocations and transport.

Regional Health Secretaries: There is a need for Regional Health Secretaries of the Government

doing as per our request and requirement. That is the outcome. What we did is judged by what happened."

Dr. W G Prasanna Kumar
Chairman MGNCRE

The endeavour of MGNCRE is to train students to be volunteers and help the COVID patients and the family members seeking support. The support may be emotional or service oriented.

The Workshops are being conducted in the local language for ease of understanding. Volunteer support skills are being imparted through empathy. The goal of the Workshops is initiation of Service Activity by 5 Teams of Students in each Institution participating in Workshops - Hospital Management Team; Non-Hospital Management Team; Family Support Team; Medical Supplies Team; and Psychosocial Support Team.

I am glad that institutions are coming forward to set up Psychosocial Support Cells as an impact of our programmes. For example, TNTEU has formed Psychosocial Support Service Cell (PSS) and has sent the message of constitution of PSS Cells across the Education Departments of Higher Educational Institutions of Tamil Nadu. This is highly encouraging and eggs us to further work on these lines and do as much service as possible in these pandemic times.

Dr. Bharat Pathak
Vice Chairman MGNCRE

Empowered Core Committee: Chief Secretary and DMs meeting with directions and funds on quick and effective decision making and action on vaccination and treatment. Empowerment of districts with technical information based decision making with financial allocation.

Technical Advice: Committees of experts from outside the Government sector, including leading public health experts, behavioural scientists and retired but very active and concerned administrators at

state, district and local levels should be formed. It should be mandated by the State governments and tasked with providing appropriate feedback to the implementing agencies and monitor the progress of implementation.

Hospital Staff Strengthening: Immediate engagement and skilling of health care staff from health sector and those interested in being in the health sector linking it to the certification and employability.

District Level

Vigilance on drug movement, vaccine movement and health infrastructure usage in public and private sectors with empowerment to take decisions on permissions and regulations with daily media briefing.

Creation of Makeshift Treatment Facilities on a Large Scale: Makeshift COVID treatment facilities converting student hostels of public and private educational institutions, universities, engineering colleges and schools having basic minimum amenities: beds, toilets and running water and requiring minimum investment for medical facilities linking them to public and private hospitals and corporates CSR.

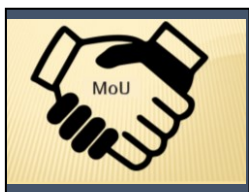
Strengthening Local Administration: Strengthen the local administration with the support of retired IAS, IPS and Military officials who can handle local administration and permissions for handling relief work.

Community Level

Largescale Volunteer Involvement: A programme of authoritative advise house to house campaign on following dos and don'ts at home and in community involving

administrative, religious, social, local opinion leaders and Non-Governmental Organisations involving ASHAs, ANMs, NCC and NSS Volunteers from village to urban area levels NSS and NYK Clubs, NCC Cadets and civil defence volunteers need to be brought in to the loop at district levels.

RWAs need to be involved in special focus on people under home isolation: Round the clock call centers to provide all the required support to the COVID patients under home isolation, which will go a long way in removing the fear psychosis and create sense of security among the patients which is one of the necessary conditions for quick recovery. Resident Welfare Associations and Panchayats could be involved in tracking, medical and vaccine and oxygen support.



MGNCRE signed MoU with

1. Indian Institute of Plantation Management, Bengaluru, Karnataka
2. Jhulelal Institute of Technology, Pune, Maharashtra
3. The Yenepoya Institute of Arts, Science, Commerce and Management, Mangalore, Karnataka
4. Patrician College of Arts and Science, Chennai, Tamil Nadu
5. St. Joseph's College of Commerce, Bengaluru, Karnataka

The MoUs were signed for exploring, extending and strengthening mutual relationship for promotion of professional education in Rural Management by sharing the facilities and expertise.

Faculty Development Programmes

Social Entrepreneurship in the midst of COVID-19 pandemic is the need of the hour while instilling Psychosocial skills in faculty and student volunteers ---

MGNCRE held an online National Level Faculty Development Programme on "Implementation of Case Discussion Methodology in Rural Entrepreneurship and Social Entrepreneurship" in collaboration with Manonmaniam Sundaranar University, Tirunelveli, Tamil Nadu from 8th to 14th May. 280 faculty members participated in the programme. The FDP was conducted in line with MGNCRE's mandate with **Community Engagement** with Higher Educational Institutions.

COVID-19 Volunteer Skills focus on providing and developing Skills in the students so that they help COVID patients, their families, communities, hospitals and whoever seeking help – which may be through service or emotional bonding and counselling.

Key Speakers:

1. Necessity of Incubation for MSMEs in Rural Sector by, Prof. Barada Prasad, Director, Incubation Centre, Sri Sri University, Cuttack, Bhubaneswar, Odisha
2. Social Entrepreneurship - a Case of Aravind Eyecare Hospitals by Prof. Krishnamurthy, IRMA
3. Rural Entrepreneurship by Dr. Chandermohan Gupta, Shoolini University, Himachal Pradesh
4. Financial Implications in Rural Sector – 'RUDSETI' a model by Dr. Narayan K, ICFAI,
5. Renewable source of energy in Rural Sector by Shri Sundaresan Srinivasan,
6. Scope for Rural Entrepreneurship in the current scenario by Dr. Pramod Kumar,
7. The future of Rural Entrepreneurship by Shri. Meenesh Shah, Executive Director, NDDB

Chairman MGNCRE was eloquent on the Importance of Rural Entrepreneurship in the midst of COVID-19 pandemic, the trends of doing social audit in terms of service extended and the role of extending Psycho Social Skills in student and faculty

volunteers.

Discussions were held on the importance of Social Entrepreneurship in the current situation of COVID-19, utilizing the existing resources, handholding for the startups, how to reduce cost by using renewable source of energy, and studying the leader 'Amul' to be self-reliant.

Case Studies Discussed: Aravind Eye care Hospitals, RUDSETI – Dharmasthala, Karnataka, Amul - the Taste of India

Key Takeaways:

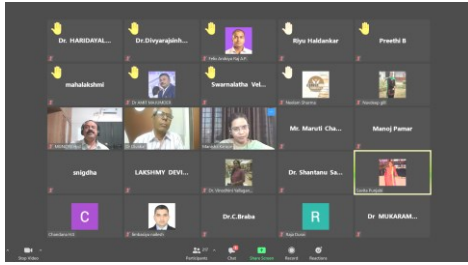
- Faculty members were motivated to start 'Rural Entrepreneurship' experiential sharing among their students.
- Cases were used to understand and share the concepts
- How the faculty members can take a lead in social entrepreneurship
- The personal experiences can be converted into cases or caselets
 - A project report could be completed by considering a simple challenge

Outcome:

54 project reports were submitted by the participants

Case Method of Teaching: Case discussion methodology is an essential experiential learning methodology for training in problem solving. Case discussion methodology is an instructional method (not a theory) that refers to assigned scenarios based on situations in which students observe, analyze, record, implement, conclude, summarize, or recommend. Case studies are created and used as a tool for analysis and discussion.

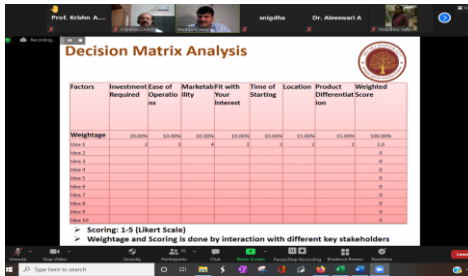
Dr. Shivaprasad motivating 280 participants in the FDP



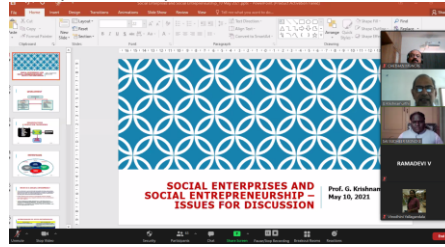
Prof. Ajit Kumar Singh Vice Chancellor Sri Sri University, Bhubaneswar, Odisha giving his inputs



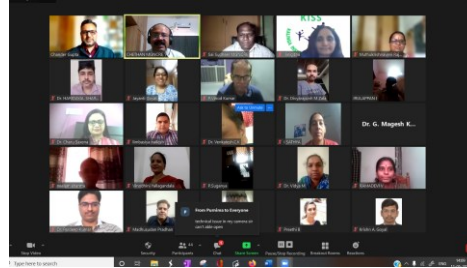
Dr. Barada Prasad explaining Incubation for MSMEs



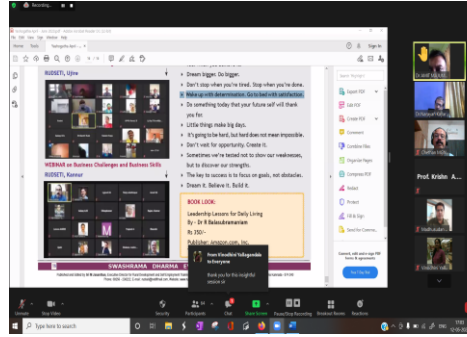
Prof. Krishnamurthy, IRMA speaking on Social Entrepreneurship



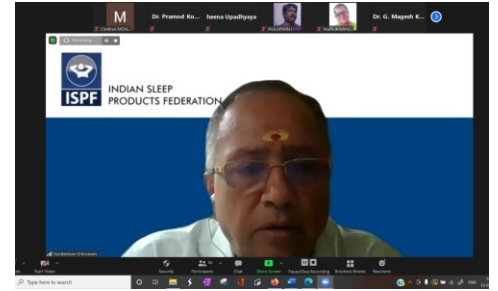
Dr. Chandermohan Gupta, Shoolini University, in Session



Dr. Narayana K, ICAFI explaining RUDSETI



Prof. Sundaresan Srinivasan addressing the FDP



Shri. Meenesh Shah, Executive Director, NDDB speaking on the future of Rural Entrepreneurship



Chairman MGNCRE inspiring the participants



Emotional Well-being is essential to cope with the current pandemic situation – MGNCRE’s online National Level Faculty Development Programme on “Building Emotional Intelligence and Resilience - Case Method of Experiential Teaching and Learning”

in collaboration with Manonmaniam Sundaranar University, Tamil Nadu from 8th to 14th May, hovered on the aspects of emotional health and developing helping skills in faculty and student volunteers. The FDP was attended by 60 faculty members.

The FDP is in keeping with our mandate of engaging with Higher Educational Institutions through **Community Engagement**. The students are being sensitized to the need for helping out with volunteering services for COVID patients as this is also the need of the hour.

Topics Covered in FDP:

- How to become supportive (Emotional/Psychological)
- Building emotional well being

- Developing Volunteer Skills and helping affected people to cope up with COVID-19 situation
- Gaining and sharing professional information
- Gaining skills in reconstructive counselling
- Observing self emotions and feelings

Key Speakers:

Dr. B Shivaprasad, Motivational Speaker
 Dr. Urvashi Baid, Marketing and Communication Professional
 Ms. Lalitha Maheswaran
 Ms. B Vijaya Lalitha Srinivas, Counselor and Practitioner Psychologist
 Dr. W G Prasanna Kumar, Chairman MGNCRE
 Speaking at the inaugural **Chairman MGNCRE** said “The current scenario of the pandemic scare has brought the need for Emotional Well-being to the fore. The emotional quality an individual experiences is influenced by a variety of demographic, economic, and situational factors. As per

statistics, the onset of the COVID-19 outbreak has lowered emotional well-being by 72%. This has wide range implications of decreased emotional well-being related to mental health concerns such as stress, depression, and anxiety.

Consequently, these factors contribute to physical health concerns such as digestive disorders, sleep disturbances, and general lack of energy.”

Key Points Discussed:

Gearing up career success and its importance
 Guidance on emotional intelligence and “Faculty members to be continuous Learners”

Key Takeaways:

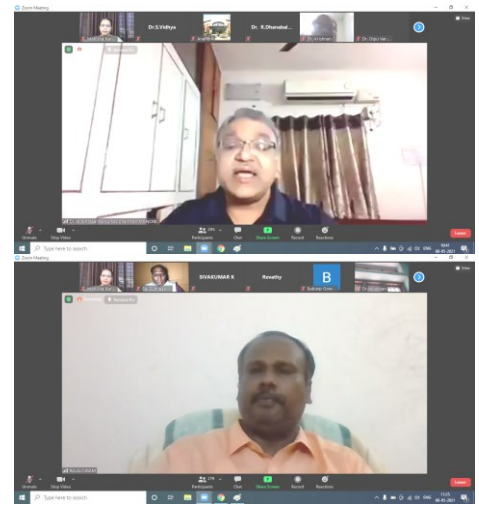
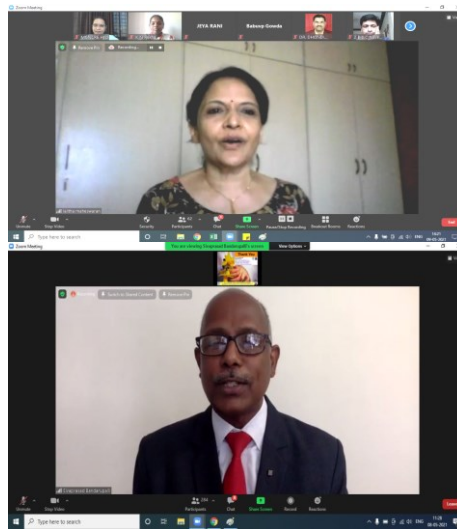
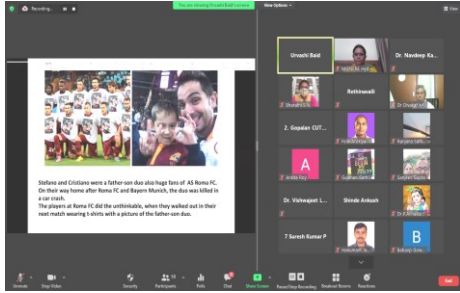
- Developed a positive integrated view of life, of one’s own place in one’s social network of relationships.
- Learned to relax, to attain the balance in one’s life crises, to assert

oneself to progressively bring the focus of control of ones living to the inner self.

- How to handle, manage and reduce the stress.

Outcome:

47 Participants conducted a workshop with their students and submitted their action research project report to MGNCRE.



Each One Reach One - In the FDP held during 17 - 21 May on '**Building Emotional Intelligence and Resilience - Case Method of Experiential Teaching and Learning**' 31 faculty members participated. Key Speakers were Ms. B Vijaya Lalitha Srinivas, Counselor and Practitioner Psychologist, Dr. W G Prasanna Kumar Chairman MGNCRE, Prof. Chetan Chittalkar and Prof. Mellwyn Noronha, MGNCRE Consultants. Lectures, Role Plays using case study methodology, assignments were the tools and processes used in the FDP.

The students are being imparted volunteer skills and sensitized to the need for helping COVID patients and their families with both physical and emotional support. This is also in line MGNCRE's mandate of engaging with Higher Educational Institutions through **Community Engagement**.

Chairman MGNCRE delved on the following key points -

- Faculty should touch the lives of the students such that they touch the lives of the COVID affected with the thought of Each one reach one.
- Students should learn to be self less and extend their help by keeping in mind Be Good Do Good.
- Any one life saved or any one tear wiped will go a long way in this fight against COVID.
- The activities should not stop at the FDP conclusion and submission of the project report. The fight is on until the last COVID affected is taken care of.
- Each institution should have minimum 5 COVID management teams and students dispense COVID volunteer activities as a part of the team. Important to follow COVID protocols and precautions.

- Faculty to guide students with interventions and simplify or resolve problems.

The Noteworthy quotes from the guest speakers/ speakers were

- 'Be Good Do Good.'
- 'Each one reach one '
- 'Start where you are. Use what you have. Do what you can.'
- 'You have not given unless it hurts'

Key Points Discussed:

- Psychosocial Stress Situations
- Myths and misconceptions on COVID-19; Burnt out and emotional breakdown and self care
- Different vaccines; Availability; Who can take - who cannot take
- The role of Volunteer
- Introduction to case method of teaching
- Addressing Basic Needs, Sharing Information, Reducing Emotional Distress,
- Containing Anxiety (Using Case Discussion Methodology)
- Responding to Low Mood, Regulating Anger, Assuaging Guilt, Working with Grief (Using Case Discussion Methodology)
- Managing Risk for Suicide, Mitigating Stigma, Nurturing Narratives of Resilience (Using Case Discussion Methodology)

Key Takeaways:

- ✓ Rapport Building - making the client comfortable. Example: What is your name? How are you feeling today? What brings you to talk to us today?
- ✓ Active and careful listening - making notes and remembering whatever the client is asking for. Example: I heard you talking about ..., I can feel you when you say..., I share your emotions here.....

- ✓ Using Open-ended questions - questions which will help clients express what they are feeling. Example - what do you think you can do in this situation? Why do you feel what you feel now? Do you think we can think of an alternative for this?

- ✓ Dealing with the issues - looking into resources and getting information for the needs of the client.

Example - you mentioned food delivery, we have a local NGO working in your area for relief of COVID affected families, would you want to be connected to them? You mentioned the need for medicine, currently I can't find a source, I am writing it down, will get back to you if I receive any information. Is there any other way I can help you?

- ✓ Demonstrating Empathy - being able to make clients feel that you can relate to their emotions.

Example: It sounds like you could do everything you could... I can feel how hard it is for you..., I can't believe how strong you are holding up, considering how much stress you are under..

- ✓ Different vaccines; Availability; Who can take - who cannot take
- ✓ Myths and misconceptions;
- ✓ Don't-judge/Don't interpret/Don't react
- ✓ The role of Volunteer
- ✓ Case method of teaching

Outcome:

20 of the 31 Participants conducted a workshop for their students on COVID Volunteering Skills and made them execute activities in the various COVID Teams formed in the institutes.

Each of the Participants presented the Student activities and Faculty interventions on Day 5 of FDP.

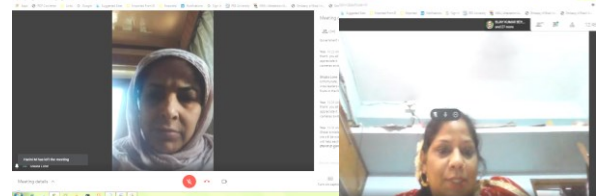
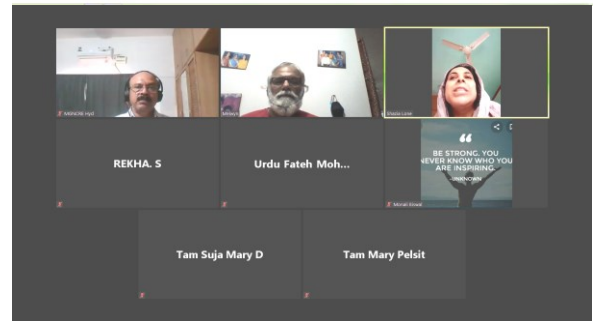
Concepts were converted into skills using case study methodology and applied when dispensing COVID Volunteer tasks.

Faculty from diverse back grounds showed exceptional skills in grasping the concepts of COVID Volunteering and motivating students to take up activities.

Some of the participants shared that the activity enabled the students to come out of their personal isolation they are facing with staying away from campus and online classes.

The skills the students gained in these activities will be useful in personal and professional life.

- **Listen to those in distress.**
- **Provide a service to those in distress**
- **Dealing with covid death situation with the relatives at home or in quarantine.**
- **helping the hospital to manage patient and family with information.**
- **Interact with service providers like food, tea, snacks, supplies (soap, sanitizer) etc and direct them to the needy.**
- **Most up to date information on essentials like : plasma, medicine , oxygen, ventilator. Information on cremation/funeral queue (keep in touch with volunteers**
- **Support for older people, their families and their caregivers is an essential part of the countries' comprehensive response to the pandemic. During times of isolation and quarantine, older people need safe access to nutritious food, basic supplies, money, medicine to support their physical health, and social care.**
- **Dissemination of accurate information is critical to ensuring that Everyone has clear messages and information on resources on how to stay physically and mentally healthy during the pandemic and what to do if they should fall ill.**



Psychosocial Skills, the need of the hour – MGNCRE’s online National Level Faculty Development Programme on Volunteer’s Skills to Provide Psychosocial Support to COVID-19 Infected and Affected during 17-21 May in collaboration with **Balasure Institute of Technical Studies**, Balasure, Odisha was attended by 60 faculty members.

Psychosocial skills are key to emotional health of society. COVID patients need it all the more before and after the crisis. In line with the need for such trained skills to instill confidence and provide emotional well being, the FDP is being conducted in keeping with MGNCRE’s mandate of

Community Engagement with Higher Educational Institutions. The students are being imparted volunteer skills and sensitized to the need for helping COVID patients and their families with both physical and emotional support.

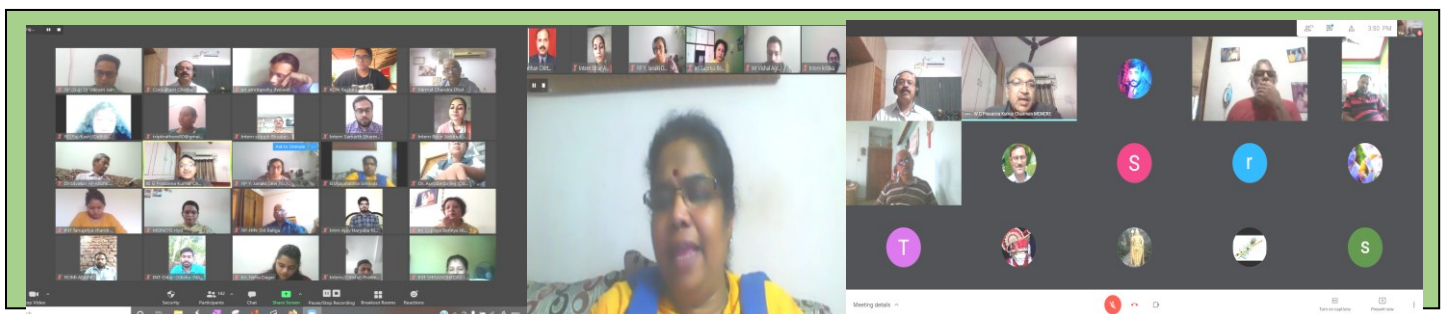
Topics Discussed:

Lecture and Role play using case study methodology, Introduction about Psychosocial Stress Situations – by Ms. B Vijaya Lalitha Srinivas – Counselor and Psychologist/Trainer Guidelines for the Master Trainer, distribution of caselets to participants Ice breaking/Setting up the context, collecting feedback about the activities done

Briefing on writing ‘Project Report’ Presenting their personal experiences as ‘Experiential learning’ and submitting project reports

Chairman MGNCRE spoke on - How to motivate the faculty members to train their students as COVID-19 volunteers, conducting meetings, collection of information and extending to the needy ones and converting of personal experiences into a project report.

Noteworthy quotes by the speakers:
 You need to be mentally strong and finetune yourself, before training others
 Understand the situation and need and listen to them properly
 Have empathy and not sympathy



Be good and do good
Collect genuine information and extend it to the needy ones

Key Points Discussed:
Psycho Social Skills, the need of the hour
Volunteering for a noble cause

“It is our moral and social responsibility to bring awareness about the implications of the disease and more importantly don the mantle of Volunteers to support the affected through our networks” –

Chairman MGNCRE exhorted at the National Level Faculty Development Programme on “Building Emotional Intelligence and Resilience (Case Method of Experiential Teaching and Learning)” held during 10 – 14 May with NSS Officers and Coordinators throughout the country. 192 members attended the FDP. Ms. B Vijaya Lalitha Srinivas, Counsellor and Psychologist/Trainer was the expert trainer in the FDP.

The FDP focuses on providing and developing Skills in the students so that they help Covid patients, their families, communities, hospitals and whoever seeking help. These skills are essential and apt for the current pandemic situation. This is also MGNCRE’s commitment towards **Community Engagement** with Higher Educational Institutions. Student volunteers will be trained to provide counselling to single persons (left alone in the family) and depressed persons. The students will work as the bridge between the needy person and help provider. They will collect the information through various authentic sources, compile the information and then segregate and circulate it to the various sub groups.

Chairman MGNCRE said - “Now, in this context of the coronavirus pandemic and its aftermath, it is our moral and social

Case Studies Discussed: everything related to Pre and Post COVID-19 situations

Key Takeaways:
Few participants were motivated and started extending services in different ways

Outcome:

Near and dear ones started getting help in every manner and 15 project reports were submitted by the participants

responsibility to bring awareness about the implications of the disease and more importantly don the mantle of Volunteers to support the affected through our networks. The Directorate of National Service Scheme (NSS) has also communicated the use of State NSS/NCC Officers, Faculty and Students to involve and contribute towards this noble cause. For conducting any activity sustainably we require an institutional mechanism for continuous support. Creating Student COVID Volunteer Groups and imparting the appropriate Volunteer Skills to them after giving practical training and guidance by MGNCRE Resource Persons will come up as internal institutional mechanism that can be constituted in every Higher Educational Institution of the country.” No Poison can kill a positive thinker and no medicine can save a negative thinker.

Key Points Discussed:
Empathy skills, positive emotional health building of emotional intelligence
Taking self-reliant decisions

“Each of our actions as a Counsellor will affect the client. Therefore understanding the client in a right way by using appropriate skill in time is significant.”

47 Participants conducted Webinar with their Students on Guidelines of COVID and Volunteer Skills as part of Faculty Development Program and practiced Alternative Frame of Reference exercise"



Case Studies Discussed:

I am 16 years old girl. I am studying 11th std. I am not COVID positive. My father is COVID positive and he is troubling us a lot. I feel like throwing him out of my home

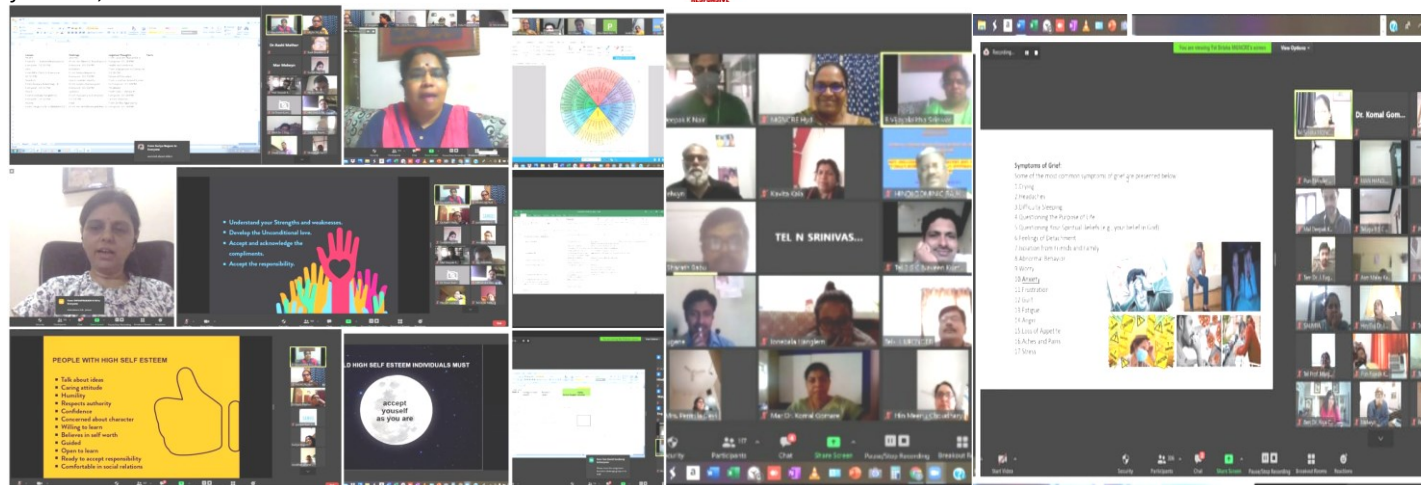
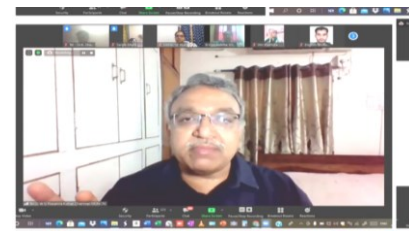
Madam I am 41 years old. I am COVID positive. My husband is COVID negative. I am getting scared. I might die.

I am Rama 38 years old, married, having two kids. I and my husband got COVID positive. Recently my husband lost job. We are having financial problems. We do not know how to handle the situation. (Apply empathy and concrete skill).

I am Anita, 36 years old. I am single mother having 2 daughters aged 6 and 8 years, I am COVID Positive, I am worried about how will my kids manage without me if I go in quarantine.

Outcome:

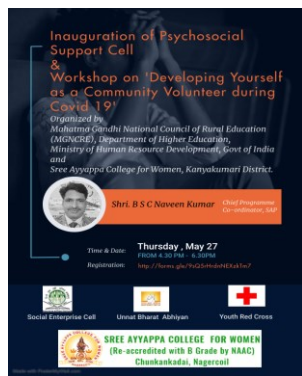
192 Participants conducted Beat COVID-Psychosocial Supportive Skills (**Each One Reach One**) workshop at their institution, formed 5 Teams in each Institution and submitted Action Research Reports.



As part of Swachhta Action Plan, MGNCRE conducted Workshops that included Swachhta Activities and also Psychosocial Support activities.

Community Engagement with Higher Educational Institutions is part of MGNCRE's mandate. Keeping the current pandemic situation in consideration and the need for psychosocial skills and training for students to provide support – physical and emotional, we are conducting the workshops along with the aspects of Swachhta. Student volunteers are made aware of Swachhta, sanitation and hygiene practices and also are trained to provide counselling to COVID affected patients and their families and friends. This works as a double goal of engaging with students and also making them work for a social and noble cause as per the need of the hour.

Impact MGNCRE!

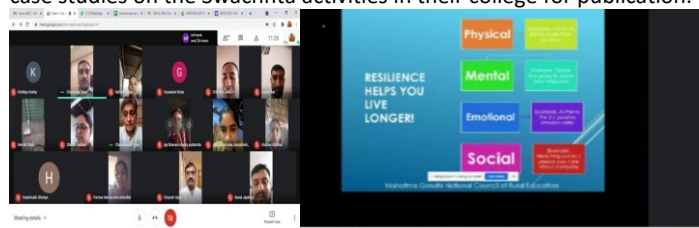


Development & Entrepreneurship.' Prof. Joseph Nellanatt Pro Vice Chancellor of Assam Don Bosco University observed during online workshop on Swachhta Action Plan (SAP). Mr. Victor Narzary, Professor of social work dept encouraged students to ask questions at the end of the workshop and also said they will start special course on Swachhta shortly.

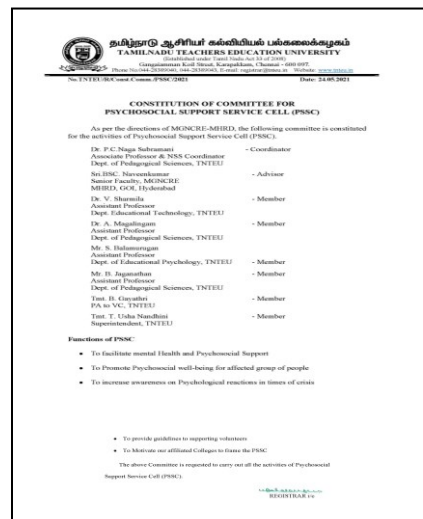
'Our institution recognizes the importance of Jal Shakti and Recycling Waste to conserve precious resources; leaky taps are fixed regularly in the DIET, 80% of the bulbs are LED bulbs and Rain Water Harvesting is done on the campus.' Dr G Sivasubramanian, Principal DIET Mannargudi, Thiruvavur District, Tamil Nadu reaffirmed the need for a clean campus and a clean home under the Swachh Bharat Mission and how everyone needs to take responsibility for it, during the workshop. Dr Sivasubramanian, Prof Selvi Kumaraswamy, Vice Principal, Dr Meenakshi, Lecturer along with faculty members and students from DIET participated in the workshop.

In spite of being from water scarce area, our College successfully planted and maintained Greenery within the campus. Initiative of Sewage treatment plant is already in operation and College has also worked towards pollution free environment by adopting plastic free policy. To constitute Energy Conservation Committee and formulate Water Conservation Policy would be the first step towards effective resource management thereby fulfilling requirements of Swachhta Action Plan (SAP). The participants also observed that approaching the local authorities for enactment of Swachhta Initiative in a collaborative way could also be practiced. Dr Chandrakantji Vyas Principal along with faculty members and students from Pujya Ladakchand Manekch and Vora College of Arts & Commerce in Sayla Gujarat participated in the workshop. It was highlighted that the College will take a step forward towards competing in Swachhta Campus Ranking for the year 2022.

During lockdown we distributed essential items to the needy people of our adopted four villages and we also did various awareness programmes in those villages regarding cleanliness, sanitation and hygiene as part of our SAP activities under NSS Programme.' Dr. Md. Imam Uddin Ansari NSS Officer Patherkandi College in Assam observed in the online workshop on Swachhta Action Plan (SAP) organized on 3rd May. It was highlighted that the students were encouraged to write case studies on the Swachhta activities in their college for publication.



Swachhta Workshop in progress



Tamil Nadu Teachers Education University TNTEU has formed Psychosocial Support Service Cell (PSS) in May 2021. TNTEU Vice Chancellor Prof Panchanatham has sent the message of constitution of PSS Cells across the Education Departments of Higher Educational Institutions of Tamil Nadu via the Workshops conducted on Guidance to Psychosocial Support Volunteer Skills organized by MGNCRE on

21st and 26th May.

Excerpts from the Workshops -

"It is always a great privilege to have such workshops which give us motivation on maintaining cleanliness, energy conservation, environment conservation etc, which we can connect with Rural

Mental health encompasses various domains of our personal, social, professional, and emotional lives. Mahatma Gandhi



महात्मा गांधी राष्ट्रीय ग्रामीण शिक्षा परिषद
Mahatma Gandhi National Council of Rural Education
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